

Century Hikers Club

The Century Hikers Club is an incentive program for adults (ages 14 and up) looking to get outdoors and enjoy the natural areas of McHenry County Conservation District. The club provides incentive for members to exercise and spend time outdoors which are important aspects of physical and mental health and well-being.

Club Perks

- ◆ Receive a hiking log in which to record miles hiked in Conservation District areas, and earn rewards as you reach hiking milestones.
- ◆ Participate in staff-guided programs exclusively for the Century Hikers Club. Programs are offered four times per year, one each season.
- ◆ Opt in as a member of "The Trail Pack". Members communicate through a dedicated, private Facebook page to schedule group hikes. You must have a personal Facebook account to participate in this group.

Milestones and Rewards

Track your miles hiked at Conservation District areas and receive the rewards listed below! Contact the club coordinator to redeem your rewards.

100 Miles: T-shirt and choice of one pocket field guide

250 Miles: Nature journal and Century Hikers Club patch

500 Miles: Choice of bird call CD or frog call CD plus a Century Hikers Club pin

1000 Miles: Your name imprinted on our Century Hikers Club plaque at Prairieview Education Center

1500 Miles: Walking stick

2000 Miles: Your photo in our Landscapes newsletter and your name imprinted on our Century Hikers Club plaque at Prairieview Education Center

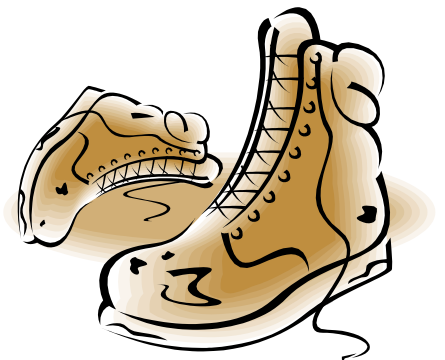
Become a Member!

Once we process your enrollment form you'll receive your first log book and our trail maps to get you started. Return the enrollment form on the back of this flyer with payment to:

Century Hikers Club Coordinator
Prairieview Education Center
2112 Behan Road
Crystal Lake, IL 60014

Questions?

Contact the Club Coordinator.
Education@MCCDistrict.org
(815) 479-5779



McHenry County
CONSERVATION DISTRICT



One time enrollment fee of \$10.00 and \$2.00 processing fee is due with this form.

We accept cash and checks payable to *McHenry County Conservation District*. Payment by credit card accepted online only.

Return your form and payment to: **Century Hikers Club Coordinator, Prairieview Education Center, 2112 Behan Road, Crystal Lake, IL 60014.**

*First & Last Name		Emergency Contact First & Last Name	
*Address	*City/State/Zip Code	Relationship to Main Contact	
*Home Phone	Cell Phone	Home Phone	
Email	Role in Family	Other Phone	
*Gender	*Date of Birth MM/DD/YYYY	Registration questions? Call 815-479-5779.	

Yes, I'd like to receive text messages. I understand my Cell Carrier is required in order to receive text messages. My Cell Carrier is:

Yes, I'd like to sign up for The Trail Pack, a private Facebook page for Century Hikers Club members interested in hiking with other people. I understand a personal Facebook account is required.

	Subtotal:	\$10.00
	Processing Fee:	\$2.00
Total Amount Enclosed:		\$12.00



We welcome individuals with disabilities into programs. Describe any accommodations needed by family members in order for successful inclusion in our programs.

PROGRAM PARTICIPANT WAIVER AND RELEASE Adult participants and parents or legal guardians of minors must read and sign this waiver prior to participating in programs. Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slip and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, and all other circumstances inherent to indoor and outdoor recreational activities exist. Participants in canoe programs must also be aware of the risk involved in these types of programs. Canoeing is intended to challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including drowning. All hazards and dangers cannot be foreseen. Certain risks include, but are not limited to, dangerous weather and water conditions such as rapids, deep or cold water, above and subsurface rocks and obstacles, hydraulics, strainers and ledges, acts of God, and insect bites. Other risks include capsizing, being pinned between rocks, logs or trees, hypothermia, sunburn, heatstroke, dehydration, inadequate supervision or instruction, horseplay and carelessness, poor canoeing technique or swimming skills, loss of balance, collision with other canoes or stationary objects, paddling the canoe in waters too difficult for the canoeist's capability, inadequate or defective equipment, and failure to wear a personal flotation device or other safety equipment. In this regard, it must be recognized that it is impossible for the District to guarantee absolute safety. Please read this form carefully and be aware that in signing up and participating in the programs listed, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these programs (including transportation services, when provided). I recognize and acknowledge that there are certain risks of physical injury to participants in these programs, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these programs against the District, including its officials, agents, volunteers and employees. I have read and fully understand the above important information, warning of risk, assumption of risk and release of all claims. My facsimile signature shall substitute for and have the same legal effect as an original form signature.

***Participant, Parent, or Legal Guardian Signature & Date:**